The 2nd Middle East Heart Failure Congress
AND
The 11th International Congress of the Lebanese Society of Cardiology

“The congress is accredited by EBAC”

2014
6-7-8, NOVEMBER
HABTOOR HILTON HOTEL
BEIRUT - LEBANON
Dear Friends and Colleagues,

It is our great pleasure to formally announce the Second Middle East Heart Failure Congress and The International Lebanese Society of Cardiology Congress, which will be held in Beirut, Hilton Hotel, from 6 till 8 November 2014, under the Hospices of H.E. Wael Abou Faour, Minister of Public Health.

This congress is a key international scientific event for Heart Failure, Cardiac Imaging, Interventional Cardiology and other most relevant issues in the diagnosis, management and treatment of cardiovascular diseases. Biennially, it provides the opportunity for practitioners from all over the country and region to gather to learn about new advances and to exchange scientific ideas and experiences in a unique environment. The upcoming meeting will provide an exciting and diversified scientific program, which offers a full spectrum of educational opportunities ranging from continuing education to cutting-edge presentations of the latest scientific research.

During the three days of scientific sessions, attendees will explore new directions in Heart Failure, Cardiac imaging and other areas in cardiology, and meet with our colleagues from all around the globe. An active social program will also be featured and our Organizing Committee will help to plan a splendid Opening Ceremony.

The unique to this meeting will be:

1. The Michael DeBakey Lectureship
2. For the first time in the history of Lebanese Society of Cardiology a “Memorandum of Understanding” will be signed between the Lebanese Society of Cardiology and MonashHeart in Melbourne Australia. This will provide an opportunity for Lebanese cardiologists and students of cardiology e.g. fellows to go to Australia for further education.

We hope that you will consider attending the Second Middle East Heart Failure Congress and The International Lebanese Society of Cardiology Congress.

It promises to be a conference to remember.

Nicolas Moussallam
President, Lebanese Society of Cardiology
President of the Congress
LSC Board Committee:

Nicolas Moussallem
President

Samir Arnaout
Immediate Past President

Sobhi Dada
President – Elect

Joseph Haddad
General Secretary

Georges Saade
Treasurer

Claude Semaan
Chairman, Interventional W.G.

Hadi Skouri
Chairman, Heart Failure W.G.

Georges Saade
Chairman, CVD Prevention W.G.

Ghassan Kiwan
Chairman, Echocardiography & Imaging W.G.

Walid Gharzuddin
Chairman, Echo website

Antoine Kosseifi
Chairman, Arrhythmia & Pacing

Young Cardiologists Group
Fadi Abou Jaoudeh
Basheer Allam
Mark Abboud

LSC Registries Committee
Wael Chalak
Fouad Farhat
Nadim Timani

Int’l Communication Committee
Georges Saade
Coordinator

International Faculty:

Magdi Abdel Hamed - EGT-
Wally Ahmar - AUS-
Hassan Alfarhan - IRQ-
Nasser Ammash - USA-
Jerom Bax - HOL-
Thor Edvardsen - SWE-
Helene Elchaninoff - FRA-
Tarek El Zawawy - EGT-
Keith Fox - USA-
Gilles Grottler - FRA-
Roger Hajjar - USA-
Mahmoud Hassanein - EGT-
Yves Juilliere - FRA-
Kalifeh Kalifeh - FRA-
Michel Komajda - FRA-
Ekaterini Lambrinou - FRA-
Pascal Leprince - FRA-
Joseph Maatouf - USA-
Mouaz Mallah - KSA-
Samer Mansour - CAN-
Massimo Masseti - ITA-
Marie Claude Morice - FRA-
Dania Mohy - FRA-
Elie Mousseaux - FRA-
Wilfried Mullens - BEL-
John Murray - UK-
Rami Neemtallah - UAE-
Stéphane Noble - CHE-
Luigi Padano - ITA-
Fausto Pinto - PRT-
Pictr Ponikowski - POL-
Gianluca Pontone - ITA-
Petar Seferovic - SER-
Robert Storey - UK-
Kadhim Sulaiman - OMN-
Iain Squire - UK-
Alaaddine Yilmaz - TUR-
Zaheer Youssef - UK-
William Zoghbi - USA-
Local Faculty:

Mahmoud Abbas
Marc Abboud
Johnny Abboud
Carla Abdo Aoun
Tony Abed El Massih
Bassam Abi Khalil
Simon Abou Jaoudeh
Fadi Abou Jaoudeh
Joseph Astar
Nazih Adem
Atika Adhami
Elie Akouri
Samir Alam
Zeina Aoun
Samir Arnaout
Rabih Azar
Fayez Barake
Wael Chalak
Beatrice Chami
Joseph Chami
Elie Chammas
Salah Choueiry
Sobhi Dada
Rabih Dandachi
Mohammad Dbouk
Rebecca El Asmar
Fouad Farhat
Fadi Farhat
Victor Gebara
Georges Ghanem
Elias Ghanem
Walid Gharzuddine
Pierrete Habib
Joseph Haddad
Omar Hamaoui
Righab Hamdan
Janane Hanna
Charbel Houwayek
Toni Ibrahim
Wael Jaroudi
Jean Kehdi
Malek Khatib
Ghassan Kiwan
Antoine Koussaifi
Ali Kouwayes
Hassan Mansour
Claude Maroun
Angela Massouh
Malek Mohammad
Nicolas Moussailem
Robert Najem
Abdel Karim Najib
Samer Nasr
Ziad Nghayweh
Ali Rabah
Rachwan Rachwan
Mounir Riachi
Mahmoud Saab
George Saadeh
Pascale Salameh
Antoine Sarkis
Claude Semaan
Hadi Skouri
Antoine Stephan
Samir Succar
Fadi Tannouri
Nadim Timani
Jad Wehbe
Mohammad Yassin
Richad Zaloum

09:00 – 10:30 BIOMARKERS AND IMAGING IN HEART FAILURE

Moderators: Wael Chalak, Elie Chammas, Rabih Dandachi, Rachwan Rachwan

9:00 - 9:20 Biomarkers in HF: Old and New and their applications
Righab Hamdan

9:20 - 9:40 Echocardiographic Assessment of myocardial mechanics in Heart Failure
Fausto Pinto

9:40 - 10:00 The role of echocardiography in Assist devices
Joe Maalouf

10:00 - 10:20 What devices can tell us: diagnosis and Management
Ali Rabah

10:20 - 10:30 Discussion

10:30 – 11:00 COFFEE BREAK
**Thursday November 6, 2014**

**ROOM A**

11:00 – 12:30  **HEART FAILURE CURRENT AND FUTURE: MANAGEMENT ISSUES**

**Moderators:** Victor Gebara, Toni Ibrahim, Abdel Karim Najib, Mohammad Saab

- 11:00 - 11:20  Congestion: ways to management  
  Wilfried Mullens

- 11:20 - 11:40  Devices in the Acute Heart Failure setting: ECMO and VADs  
  Massimo Massetti

- 11:40 - 12:00  VADs for destination: Selection and follow up issues  
  Tony Abdel Massih

- 12:00 - 12:20  Clinical implications of Gene therapy: where are we?  
  Roger Hajjar

- 12:20 - 12:30  Discussion

**ROOM B**

**PARALLEL SESSIONS**

11:00 – 12:30  **THE NURSING ROLE IN HEART FAILURE MANAGEMENT**

**Moderators:** Rebecca El-Asmar, Charbel Houwayek, Claude Maroun

- 11:00 - 11:20  HF in Lebanon: current/ future projects and status quo  
  Angela Massouh

- 11:20 - 11:40  Palliative care in HF  
  Janane Hanna

- 11:40 - 12:00  Symptom management and self-care in HF: Evidence based nursing  
  Angela Massouh

- 12:00 - 12:20  Latest updates in HF guidelines: Nursing issues  
  Carla Abdo Aoun

- 12:20 - 12:30  Discussion

12:30 – 13:30  **LUNCH BREAK**
<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
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<tbody>
<tr>
<td>13:30 – 15:00</td>
<td><strong>HEART FAILURE IN THE MIDDLE EAST SESSION</strong></td>
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<td>Joint session with the CardioAlex</td>
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<td>Endorsed by the ESC Heart Failure Association</td>
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<td><strong>Moderators:</strong> Tarek El Zawawy, Fouad Farhat, Georges Ghanem, Jean Kehdi</td>
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<tr>
<td>13:30 - 13:50</td>
<td>Egyptian registry of heart failure</td>
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<td>Mahmoud Hassanein</td>
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<td>13:50 - 14:10</td>
<td>Heart Failure in the Middle East</td>
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<td>Hadi Skouri</td>
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<td>14:10 - 14:30</td>
<td>Heart Failure Guidelines: Take home message</td>
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<td>Magdi Abdel Hamed</td>
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<td>14:30 - 14:50</td>
<td>Global Heart Failure Awareness of the HFA</td>
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<td>Hadi Skouri</td>
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<td>15:00 – 15:30</td>
<td><strong>COFFEE BREAK</strong></td>
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<tr>
<td>15:30 – 17:00</td>
<td><strong>HOT TOPICS IN HEART FAILURE</strong></td>
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<td><strong>Moderators:</strong> Sobhi Dada, Nadim Timani, Ali Kouwayes, Mohammad Yassin</td>
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<tr>
<td>15:30 - 15:45</td>
<td>Anemia in HF: Diagnosis, Workup and management</td>
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<td>Zaheer Youssef</td>
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<tr>
<td>15:45 - 16:00</td>
<td>Cardiorenal Syndrome in Heart Failure: a 2014 Update</td>
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<td>Wilfried Mullens</td>
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<tr>
<td>16:00 - 16:15</td>
<td>Cardiovascular Complications of Chemotherapy Drugs</td>
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<td>Zaheer Youssef</td>
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<tr>
<td>16:15 - 16:30</td>
<td>Stem cell Transplantation: Are we reaching Clinical Implications?</td>
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<td>Samer Mansour</td>
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<tr>
<td>16:30-16:45</td>
<td>How to improve a National Organ Procurement System?</td>
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<td>Antoine Stephan</td>
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<tr>
<td>16:45 - 17:00</td>
<td><strong>DISCUSSION</strong></td>
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</table>

**Thursday November 6, 2014**
### Thursday November 6, 2014

**ROOM A**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Moderators</th>
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<tbody>
<tr>
<td>17:00</td>
<td><strong>ACC CHAPTER SESSION:</strong> DR. MICHAEL DEBAKEY &quot;LECTURESHIP&quot;</td>
<td>Samir Alam, Samir Arnaout, Ghassan Kiwan</td>
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<tr>
<td>17:00 - 18:00</td>
<td><strong>Introduction</strong></td>
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<tr>
<td>17:10</td>
<td>The ERA of GENETIC in HEART FAILURE</td>
<td>Roger Hajjar</td>
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<tr>
<td>17:30</td>
<td>The ERA of STEM CELLS in ISCHEMIC CARDIOMYOPATHY</td>
<td>Samer Mansour</td>
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<tr>
<td>18:00</td>
<td><strong>NOVARTIS SATELLITE SYMPOSIUM</strong></td>
<td>Elie Chammas</td>
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<tr>
<td>18:00 - 18:45</td>
<td><strong>Recent Advances in Managing the failing heart:</strong> What we have learned, what needs to be done</td>
<td>Iain B. Squire</td>
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<tr>
<td>19:00</td>
<td><strong>OPENING CEREMONY</strong></td>
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### Friday November 7, 2014

**ROOM A**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Moderators</th>
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<tbody>
<tr>
<td>09:00 - 10:15</td>
<td><strong>ECHOCARDIOGRAPHY SESSION I</strong></td>
<td>Marc Abboud, Joseph Chami, Mohammad Dbouk, Pierette Habib</td>
</tr>
<tr>
<td>09:00 - 09:15</td>
<td>Risk Stratification in Asymptomatic patient with severe aortic stenosis and normal EF</td>
<td>Walid Gharzuddine</td>
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<tr>
<td>09:15</td>
<td>Adult congenital heart disease: what do adult cardiologist need to know?</td>
<td>Nasser Ammash</td>
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<tr>
<td>09:30 - 09:45</td>
<td>LFLG Aortic Stenosis: What Does it mean in 2014?</td>
<td>Dania Mohy</td>
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<tr>
<td>09:45 - 10:00</td>
<td>Mitral valve in 2D-3D Echo in 2014?</td>
<td>Joe Maalouf</td>
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<tr>
<td>10:00 - 10:15</td>
<td>EACVI and ACC guidelines for the use of 3D Echocardiographic</td>
<td>Elie Chammas</td>
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<td>10:15 - 10:45</td>
<td><strong>COFFEE BREAK</strong></td>
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<tr>
<td>Time</td>
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<tr>
<td>10:45 – 12:15</td>
<td><strong>JOINT SESSION WITH THE FRENCH SOCIETY OF CARDIOLOGY</strong></td>
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<td>Session sponsorised by MEDTRONIC</td>
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<td><strong>Moderators:</strong> Yves Juillière, Kalifeh Kalifeh, Nicolas Moussallem</td>
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</tbody>
</table>
|          | - TAVI en 2014 
|          | Gilles Grollier                                                        |
|          | - TAVI Complications et Situations Particulières 
|          | Stéphane Noble                                                          |
|          | - Cases Presentations: Antoine Sarkis 
|          | Hassan Mansour                                                          |
|          | Nicolas Moussallem                                                      |
|          | Fadi Abou Jaoudeh                                                        |
| 12:15 – 13:00 | **LUNCH BREAK**                                                        |
| 13:00 – 14:00 | **ASTRAZENECA SATELLITE SYMPOSIUM**                                    |
|          | **Moderator:** Antoine Sarkis                                            |
|          | Evolving Evidence in Adjunctive Antiplatelet Therapy 
|          | Robert Storey                                                            |
| 14:00 – 15:00 | **ECHOCARDIOGRAPHY SESSION II**                                         |
|          | **Moderators:** Atika Adhami, Walid Gharzuddine, Georges Saade, Richard Zaloum |
| 14:00 – 14:15 | Role of Echo in RV Evaluation and RV Failure 
|          | Naser Ammash                                                            |
| 14:15 – 14:30 | Left Atrium Evaluation 
|          | Dania Mohty                                                             |
| 14:30 – 14:45 | Tricuspid Valve Pathology: this unknown valve in 2014 
|          | Naser Ammash                                                            |
| 14:45 – 15:00 | Interesting case from daily practice 
|          | Joe Maalouf                                                             |
**INTERVENTIONAL CARDIOLOGY SESSION**

*15:00 – 16:30*

**Moderators:** Antoine Sarkis, Claude Semaan, Malek Mohammad, Mounir Riachi

- Contemporary Management of STEMI in Australia from ambulance activation to PCI.
  Wally Ahmar

- Complex PCI and STEMI case series and discussion
  a. Use of a mechanical assist device in primary PCI in a lady with 53 minutes of CPR - do mechanical assist devices work?
  Wally Ahmar

  b. Case presentation: Aspirin, Prasugrel, Tirofiban or all for primary PCI
  Rabih Azar

  c. Perforation of coronary arteries in PCI - case presentation of a prolonged left anterior descending artery perforation and how to manage them
  Wally Ahmar

  d. Usefulness of stent enhancement technique in daily practice
  Georges Ghanem

  e. Emotional Stress and Acute Coronary Syndrome
  Omar Hamoui

*16:30 – 17:00*  **COFFEE BREAK**

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**JOINT SESSION WITH SOCIETY OF CARDIOVASCULAR COMPUTED TOMOGRAPHY**

*17:00 – 18:30*

**Cardiac CT Angiography in the Emergency Department**

*17:00 – 17:15*  **Moderators:** Nazih Adem, Ziad Nghayweh, Elie Akouri, Joseph Haddad

- Chest pain in the ED: Current practice and how it should be improved
  Ghassan Kiwan

*17:15 – 17:30*  **Moderators:**

- Should CT be the standard of care for patients with acute chest pain: Lessons learned from randomized controlled trials
  Rami Neemtallah

*17:30 – 17:45*  **Moderators:**

- CT findings in ED patients: Reassuring and concerning findings
  Elie Mousseaux

*17:45 – 18:00*  **Moderators:**

- Enhancing CT in the Emergency Department with physiologic evaluation: CT stress testing and FFR
  Gianluca Pontone

*18:00 – 18:15*  **Moderators:**

- When to use CT and when to use stress imaging in ED patients
  Mouaz Mallah

*18:15 – 18:30*  **Moderators:**

- Calcium Scoring in risk assessment
  Wael Jaroudi
<table>
<thead>
<tr>
<th>Time</th>
<th>Room A</th>
<th>Room B</th>
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<tbody>
<tr>
<td>09:00 – 10:30</td>
<td><strong>ATRIAL FIBRILLATION MECHANISMS AND MANAGEMENT</strong></td>
<td><strong>CT FOR TRANSCATHETER AORTIC VALVE REPLACEMENT</strong></td>
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<td><strong>Moderators:</strong> Salah Choueiry, Malek Khatib, Johnny Abboud</td>
<td><strong>Moderators:</strong> Hassan Alfarhan, Fadi Abou Jaoude, Rami Naamtallah, Fadi Tannouri</td>
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<tr>
<td>09:00 – 09:15</td>
<td>DC cardioversion: rationale and technique</td>
<td>09:00 – 09:15 Transcatheter Aortic Valve Replacement (TAVR) overview</td>
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<td>Samer Nasr</td>
<td><strong>Mouaz Mallah</strong></td>
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<td>09:15 – 09:30</td>
<td>Lebanese experience in Cryoblation</td>
<td>09:15 – 09:30 Assessment of Patient prior to TAVR by Echocardiography</td>
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<td>Hassan Mansour</td>
<td><strong>Joe Maalouf</strong></td>
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<tr>
<td>09:30 – 09:45</td>
<td>AV node ablation: rationale and technique</td>
<td>09:30 – 09:50 Assessment of Patient prior to TAVR by CT</td>
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<td>Antoine Kossaifi</td>
<td><strong>Gianluca Pontone</strong></td>
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<tr>
<td>09:45 – 10:00</td>
<td>Stand alone AF: is surgery underestimated?</td>
<td>09:50– 10:10 Imaging the Patient Post TAVR</td>
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<td>Alaaddin Yilmaz</td>
<td><strong>Elie Mousseaux</strong></td>
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<td>10:00 – 10:15</td>
<td>EP Mechanism and left atrial ablation</td>
<td>10:10 – 10:15 Discussion</td>
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<td>Joseph Acar</td>
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<td>10:15 – 10:30</td>
<td>Stroke prevention: old and new therapies</td>
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<td>Simon Abou Jaoude</td>
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<td>10:15 – 11:00</td>
<td><strong>MITRAL VALVE</strong></td>
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<td><strong>Moderators:</strong> Mounir Obeid, Ziad Mansour, Boutros El Alam</td>
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<td>Alaaddin Yilmaz</td>
<td><strong>Alaaddin Yilmaz</strong></td>
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<td>Bassam Abi Khalil</td>
<td><strong>Bassam Abi Khalil</strong></td>
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<td>10:55–11:00</td>
<td>Discussion</td>
<td>10:55–11:00 Discussion</td>
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<td>11:00 – 11:30</td>
<td><strong>COFFEE BREAK</strong></td>
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### Saturday November 8, 2014

#### ROOM A

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<th>Time</th>
<th>Session Title</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>11:30 – 12:00</td>
<td><strong>HYPERTENSION</strong></td>
<td>Session sponsored by NOVARTIS</td>
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<td><strong>Moderators:</strong> Mahmoud Abbas, Fayez Barake, Elias Ghanem</td>
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<tr>
<td>11:30 – 11:45</td>
<td>Real-Word Clinical experience of Amlodipine/ Valsartan/ Hydrochlorothiazide in hypertension</td>
<td>Robert Najem</td>
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<tr>
<td>11:45 – 12:00</td>
<td>Hypertension prevalence and control in Lebanon</td>
<td>Rabih Azar</td>
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<tr>
<td>12:00 – 13:30</td>
<td><strong>TOBACCO CESSION THERAPIES FOR CARDIOLOGISTS</strong></td>
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<td><strong>Moderators:</strong> Zeina Aoun, Samir Arnaout, Beatrice Chami, Sami Succar</td>
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<tr>
<td>12:00 – 12:15</td>
<td>Introduction and Tobacco epidemiology</td>
<td>Pascale Salameh</td>
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<td>12:15 – 12:30</td>
<td>Tobacco and second hand smoke and the link of CVD</td>
<td>Toni Abdel Massih</td>
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<tr>
<td>12:30 – 12:45</td>
<td>Nicotine addiction, withdrawal and behavior changing; how we can help</td>
<td>Jad Wehbe</td>
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<td>12:45 – 13:00</td>
<td>Medication for quitting smoking</td>
<td>Georges Saade</td>
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### Friday November 7, 2014

#### HANDS-ON LEARNING WORKSHOPS

**ECHOCARDIOGRAPHY WORKSHOP**  
Joe Maalouf  
Limited seats – 30 participants

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<tr>
<th>Time</th>
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<th>Speaker(s)</th>
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<tbody>
<tr>
<td>11:00 – 15:15</td>
<td><strong>CARDIAC CTA WORKSHOP</strong></td>
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<td><strong>Limited seats:</strong> 24 participants</td>
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<tr>
<td>11:00 – 11:15</td>
<td>Overview of cardiac CTA interpretation on the WS:</td>
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<td>Normal coronary arteries</td>
<td>Rami Neemtallah</td>
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<tr>
<td>11:15 – 12:45</td>
<td>Case presentation and interpretation: Ischemic heart disease-Stents-CABG</td>
<td>Gianluca Pontone</td>
</tr>
<tr>
<td>12:45 – 14:15</td>
<td>Case presentation and interpretation: Coronary anomalies, morphol</td>
<td>Mouaz Al Mallah – Rami Neemtallah</td>
</tr>
<tr>
<td>14:15 – 15:15</td>
<td>Case presentation and interpretation: TAVR</td>
<td>Elie Mousseaux</td>
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